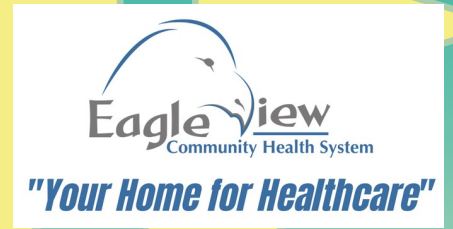


FREE SUMMER MEALS



Pick up a FREE hot lunch
June 28—August 12
Monday – Thursday
At either of the following locations.

- **Eagleview Community Health Center, Stronghurst**
101 S. Division Street
11:40 AM—12:10 PM
- **Eagleview Community Health Center, Oquawka**
1204 Hwy 164 E
11:15—11:45 AM

Shelf-Stable Meals for Friday and Saturday will be available for pick up on Thursdays at all lunch sites.

Let us know on **Tuesday** if you would like meals for Friday and Saturday.

ALL children and teens ages 1-18



years old can receive FREE hot lunches!



The Summer Food Service Program is available to all eligible children regardless of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.



"Your Home for Healthcare"

June/July 2021

All Meals served with 1% Milk



Parents:

Call 309-867-2202 to register your child(ren) for Free Summer Meals.

All lunch sites are open June 28th through August 12th.

Friday/Saturday meals should be requested on Tuesday, and are available for pick up on Thursday.

PLEASE NOTE:

All sites will be take-out only. Children will not be allowed to eat at the site or stay after the meal is picked up.

Parents are allowed to pick up meals for their children.

Mon	Tue	Wed	Thu	Fri/Sat
28 Pancakes Sausage Southern Potatoes Mixed Fruit	29 Chicken Enchilada Cowboy Salsa Banana PM Snack: Milk/Wheat Thins	30 Baked Spaghetti Green Beans Orange	1 Pulled Pork Sandwich Mashed Potatoes Pears PM Snack: Milk/Apple	2/3 Peanut Butter/Crackers Sunflower Seeds Wango Mango Juice, V-8 Tropical Fruit, Apple
5 No Meals Happy 4th of July!	6 Tater-Tot Casserole Tropical Fruit Biscuit PM Snack: Milk/Sunflower Seeds	7 Chicken Alfredo Broccoli Applesauce PM Snack: Milk/Club Crackers	8 Sloppy Joe/Bun Green Beans Apricots Banana PM Snack: Milk/Banana	9/10 Peanut Butter/Crackers Sunflower Seeds Wango Mango Juice, V-8 Banana, Clementine AM Snack: Milk/Banana
12 Beef, Bean & Cheese Burrito Salad Fruit Cocktail	13 Sweet & Sour Chicken Asian Vegetables Rice Pineapple PM Snack: Milk/Chex Mix	14 Pizza Pasta Sliced Apples Salad PM Snack: Milk/Carrots w/Ranch	15 BBQ Chicken Capri Blend Veggies Macaroni Salad Peaches PM Snack: Milk/Orange	16/17 Peanut Butter/Crackers Sunflower Seeds Wango Mango Juice, V-8 Strawberry Applesauce, Orange AM Snack: Milk/Orange
19 Pancakes Sausage Southern Potatoes Mixed Fruit	20 Chicken Enchilada Cowboy Salsa Banana PM Snack: Milk/Wheat Thins	21 Baked Spaghetti Green Beans Orange	22 Pulled Pork Sandwich Mashed Potatoes Pears PM Snack: Milk/Apple	23/24 Peanut Butter/Crackers Sunflower Seeds Wango Mango Juice, V-8 Tropical Fruit, Apple AM Snack: Milk/Apple
26 Tater-Tot Casserole Tropical Fruit Biscuit PM Snack: Milk/Sunflower Seeds	27 Chicken Alfredo Broccoli Applesauce PM Snack: Milk/Club Crackers	28 Sloppy Joe/Bun Green Beans Apricots Banana PM Snack: Milk/Banana	29 Beef, Bean & Cheese Burrito Salad Fruit Cocktail	30/31 Peanut Butter/Crackers Sunflower Seeds Wango Mango Juice, V-8 Banana, Clementine AM Snack: Milk/Banana

Summer Meals are part of the Summer Food Service Program sponsored by the United States Department of Agriculture and administered by the Illinois State Board of Education.